



Synergy Breakfast			
<b>Mini</b>	Bread & Egg	Yam & Egg	Yam & Sauce
<b>Jombo</b>	Yam, Stew & Egg	Bread & Baked Beans & Egg	Ewa Agoyin & Bread
<b>Quickie</b>	Noodles & Egg	Noddles & Sausages	other pasta

Synergy Lunch	
<b>Maxi</b>	Firewood Jollof Rice & Chicken/Fish/ Meat
<b>Bargain</b>	Swallow – Garri/Pounded Yam & Semo with Protein
<b>Special</b>	White Rice, Dodo & Protein / Ofada Mix / Soupbay Mix – Pounded Yam with Ogbono/Goat meat/Fish